Overview of Dementia Friendly Communities Pilot Project Successes

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Funding Acknowledgement

Together We Can Create Dementia Friendly Communities
Goals of the DFC Project

1. Raise awareness and reduce stigma of dementia

2. Build community capacity to support people to age in place

3. Develop a Guide to support the spread and scale of Dementia Friendly Communities across Alberta
Dementia Friendly Communities: What Was Accomplished?

- Community mapping
- Development of partnerships
- Training of community sectors
- Public awareness/community events
- Intergenerational work
- Caregiver support/memory cafes
- Volunteer recruitment/opportunities
Project Progression

Phases to Create a Dementia Friendly Community

Phase 1: Understand the Current State
Phase 2: Define the Ideal Future State
Phase 3: Assemble Your Action Team
Phase 4: Create a Plan of Action
Phase 5: Implement the Plan
Phase 6: Leave a Legacy

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Development of Partnerships
Development of Partnerships
Training of Community Sectors
Training of Community Sectors

Play Video - Source: https://calgary.ctvnews.ca/video?clipId=1254226
Public Awareness
Community Outreach Events
Community Outreach Events
Intergenerational Work
Intergenerational Work
Caregiver Support
Caregiver Support
Volunteers
DFC Recognition
Tools to Spread and Scale

- A Guide to Creating Dementia Friendly Communities
- eLearning Program
- Website
Toolkit/Guide Phases

Phases to Create a Dementia Friendly Community

Phase 1: Understand the Current State
Phase 2: Define the Ideal Future State
Phase 3: Assemble Your Action Team
Phase 4: Create a Plan of Action
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Phase 6: Leave a Legacy
A Guide to Creating Dementia Friendly Communities

Understand the Current State

- Define your “community”
- Collect demographic data about the community
- Identify local groups and services that provide support for people living with dementia
- Collect personal stories and anecdotal information from community members
Define the Ideal Future State

- Analyze your data
- Engage the community
A Guide to Creating Dementia Friendly Communities

Assemble Your Action Team

- Identify and recruit key stakeholders and community champions
- Establish a coordinating committee
- Assign key roles
- Hold your first coordinating committee meeting
- Engage and manage volunteers in supporting roles
A Guide to Creating Dementia Friendly Communities

Create a Plan of Action

- Identify and recruit key stakeholders and community champions
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A Guide to Creating Dementia Friendly Communities

Implement the Plan

- Engage local businesses
- Nurture partnerships with local organizations, agencies, and support groups
- Spread the word
- Evaluate and evolve
A Guide to Creating Dementia Friendly Communities

Leave a Legacy
- Leave a legacy
- Sustain, learn, grow
Throughout the journey of creating a Dementia Friendly Community in the geographic areas of Calgary Westhills and Okotoks, Alberta, we have heard the voices and stories of many community members who are living with or have been impacted by dementia.

We have also engaged with various stakeholders along the way to ensure this initiative was an inclusive journey, reflecting a diverse representation of the community, while also leveraging the strengths of our community partners. By working together, we can better understand and meet the community’s needs.

Many of these voices, stories and partnerships come to life throughout this guide to illustrate the steps we embarked upon in our pilot project. We hope these stories and case studies will inspire you on your journey toward creating a Dementia Friendly Community!
Dementia Awareness eLearning Program

https://www.dementiafriendlyalberta.ca/resources/elearning-program.html
Aging Simulation
Together We Can Create Dementia Friendly Communities

Thank you! Questions?

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